

AROMA -YOGA CLASSES

- Balance Emotions
- Release Tension
- Be More Present
- Set your Intentions
- Gain Flexibility
- Brain Body Connection

3 CLASSES BUILD NEW SKILLS

- 11/10, 12/8, 1/12 @6:30-8PM Fri.
- For drawings - reg. of all 3
- RSVP by Oct. 30
- 3 classes for \$45
- \$18/each class
- Space Limited



SMOKY HILL LIBRARY
5430 S BISCAY CIR, CENTENNIAL, CO 80015
303-550-4563
STANDTALLWITHKRISTIN@LIVE.COM

SUE EVERTON
BETSY WALKER
KRISTIN DORRANCE